



# KUSHILAND

## Expeditions & Tour Safaris Ltd

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P.O. Box 1377,  
MOSHI – KILIMANJARO  
United Rep. Tanzania

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### KILIMANJARO TREK – MACHAME ROUTE – TOUR CODE KMC 02

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#### 7 DAYS MACHAME ROUTE

Kilimanjaro's Machame Route, often referred to as the "Whiskey" route, is more scenic and is longer than Marangu. The minimum duration for this trip is 6 days. Kushiland Expeditions & Tour Safaris highly recommends making the **Machame Route a 7-day trek** for extra acclimatization.

#### Machame Route 7-Day Description

Machame is one of the most scenic routes that wraps around the southwest and south sides of Kilimanjaro. You will ascend up one route and return down another. Unlike the huts of the Marangu Route, you will sleep in tents, thus requires experienced campers. Meals are served in a dinner tent or on a blanket outside (weather permitting). If you consider yourself a more adventurous hiker, this route will suit you and it also offers better views than the Marangu Route. Beautiful Shira sunsets, the great Barranco Wall, and the Lava Tower are some of the highlights. After reaching the Lava Tower (15,190 ft/4,630 m) on day 3, you descend to sleep at Barranco Camp (12,690 ft/3,950 m). This allows for more effective acclimatization and results in this route having a higher success rate.

#### ITINERARY:

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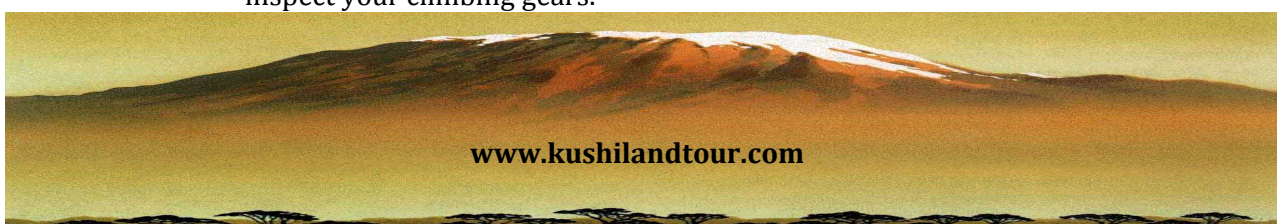
##### DAY 1: ARRIVAL AT KILIMANJARO

Upon your arrival into Kilimanjaro, you will be meet, greet and warmly welcome by our team.

**Transfer to your lodge**

You and your team will be transferred to your lodge for briefing of your encounter, rest and relaxation.

During the briefing session, myself, and our senior guides will brief you on what to expect, matters relating to first aid, rescue and medical evacuation, and inspect your climbing gears.



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### DAY 1: (Cont..)

#### Accommodation

- **Lux** - accommodation at Protea Hotel - Aishi Machame (<http://www.proteahotels.com/hotels/Pages/protea-hotel-aishi-machame.aspx>) **or**
- **BGT** - accommodation is at Parkview Inn Hotel in Moshi (<http://www.pvim.com/>)
- **MEAL PLAN: BB**

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### DAY 2: Machame Gate (4,890 ft/1490 m) to Machame Camp (9,780 ft/2,980 m) 12km, 4-6 hours

After breakfast in your hotel, at 9 am, our staff will drive you from your hotel in Moshi to the Machame Village and then to Machame Gate where your assistant guide and porters will prepare your equipment and supplies. After registration with the Kilimanjaro Park Office, you will begin your ascend into the rainforest. Be sure to have good footwear, trekking poles, and gaiters. They will prove to be useful when the trail gets soggy. You will stop for lunch about halfway up and reach the Machame Camp in the late afternoon. When you arrive, you will find your camp and tent is already set up by the porters who ran ahead. They will bring you boiled drinking water and washing water in preparation for dinner. Night temperatures often drop to freezing at Machame Camp, so be sure to bundle up.

- Meet your crew team
- Complete Registration formalities
- Picnic lunch at Picnic site in the forest
- 4 - 6 hrs trekking

#### Accommodation

- **At Machame Camp** - Camping in tents
- **MEAL PLAN:** Breakfast, Lunch and Dinner. Evening tea/coffee will also be served.



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#### **DAY 3: Machame Camp (9,780 ft/2,980 m) to Shira Camp (12,600 ft/3,840 m) 7km, 4-6 hours**

Rise early for breakfast, pack up for the day's trek. Your trek will begin with an hour hike through rainforest glades before ascending into the open moorlands where the vegetation is sparse with small shrubs. After 2 hours trekking through the moorland, you will stop for lunch and a short rest, and continue up onto the Shira Plateau where you will get your first glimpse of the Western Breach and its stunning glaciers. Continue west to the Shira campsite. Again, the porters will boil drinking and washing water before serving dinner. Shira Camp is quite exposed and will be much colder, with temperatures dropping below freezing. Picnic lunch at Picnic site

- 4 - 6 hrs trekking
- Distance covered 7km

#### **Accommodation**

- **At Shira Camp** - Camping in tents
- **MEAL PLAN:** Breakfast, Lunch and Dinner. Evening tea/coffee will also be served.

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#### **DAY 4: Shira Camp (12,600 ft/3,840 m) to Lava Tower (15,190 ft/3,950 m) to Barranco Camp (12,960 ft/3,950m) 13km, 6-8 hours**

After breakfast and packing, you start your trek east up a steep path above the last bit of Kilimanjaro's vegetation. After 5-6 hours, you reach the well-known landmark Lava Tower (15,190 ft/ 3,950 m). You will stop here for lunch and some bonus acclimatization before you descend for 2 hours below the Western Breach into the Barranco Camp. Day 3's hike offers multiple terrific opportunities for photos, especially if the walls are covered with ice. While you wait for your dinner, you will have a chance to experience one of the most memorable sunsets you have ever seen as the sun drops through the valley. Pay attention to your body and keep your guide informed of any signs of altitude sickness.

- Picnic lunch at Picnic site at Lava tower
- 6 - 8 hrs trekking



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### DAY 4 (Cont...)

- Distance covered 13km

#### Accommodation

- **At Barranco Camp** – Camping in tents
- **MEAL PLAN:** Breakfast, Lunch and Dinner. Evening tea/coffee will also be served.

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### DAY 5: Barranco Camp (12,960 ft/3,950m) to Karanga Camp (13,780 ft/4,200m) 7 km, 4 hours

After sleeping below the Great Barranco Wall, you get your chance to tackle this hurdle. Don't worry...It's much easier than it looks. Continue up until you reach just below the Heim Glacier. Then head down through the Karanga Valley. This is the last place for your porters to gather water. They will collect all the water for the remainder of the ascent here. You will settle in here at the Karanga Camp. After lunch, you can spend the afternoon doing light exploring or resting while taking in the views of Mawenzi's towering spires.

- 4 hrs trekking
- Distance covered 7km

#### Accommodation

- **At Karanga Camp** – Camping in tents
- **MEAL PLAN:** Breakfast, Lunch and Dinner. Evening tea/coffee will also be served.

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### DAY 6: Karanga Camp (13,780 ft/4,200m) to Barafu Camp (14,930 ft/4,550m) 5 km, 3-4 hours

After breakfast, you'll head east, crossing over multiple ridges and valleys until you join up with the Mweka Route and turn left to continue up the ridge for an hour to reach the Barafu Hut.

You will arrive at camp to find your tent pitched on a rocky ridge with high winds. Be sure to familiarize yourself with the camp before dark to be safe. Also, have your headlamp/flashlight handy if you need to leave the tent after dark.



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### DAY 6: (Cont.....)

You will prepare your equipment (replace batteries for headlamp and camera) before you go to bed by 7 PM and try to catch a few hours of shuteye before your summit attempt!

- 3 - 4 hrs trekking
- Distance covered 5km

#### Accommodation

- **At Barafu Camp** – Camping in tents
- **MEAL PLAN:** Breakfast, Lunch and Dinner. Evening tea/coffee will also be served.

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### DAY 7: SUMMIT DAY! Barafu Camp (14,930 ft/4,550m) to Uhuru Peak (19,340 ft/5,895 m) to Mweka Camp (10,170 ft/3,100 m) 7 km up and 22 km down, 8 hours up, 9-10 hours down

Wake at 11:30 PM for tea or coffee and biscuits and then depart Barafu on your bid for the peak. You will climb 6 hours through thick scree following multiple switchbacks between the Ratzel and Rebmann glaciers until you reach Stella Point (18,650 ft/5,685 m). You have just completed what most climbers consider to be the most challenging part of their trek. Depending on your pace to this point, you may get the chance to enjoy the majestic sunrise during your short rest here. Although you will be fatigued, it is important to keep moving due to the extreme cold. At Stella Point, you have joined up with the last bit of the Marangu Route. You will hike along the rim for another 1-2 hours until you reach your ultimate goal of Uhuru Peak. At this point, you deserve Congratulations, as you'll be standing the Roof of Africa!

You will have time to take pictures with the world-famous Uhuru Peak sign, but it is important to begin your descent soon in order to allow yourself enough time to rest at the Barafu Camp. After a 3-hour descent down sliding scree, you will reach Barafu to have a short rest while you collect your gear and then continue down the path back into the forest camp of Mweka.



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### DAY 7: (Cont.....)

You might experience a little rain in the afternoon, so be sure to have your rain gear in your daypack. Enjoy some dinner and some well-deserved sleep.

- Distance covered 7Km - ascending
- 8 hrs – ascending
- Distance covered 22Km – descending
- 9 – 10 Hrs - descending

#### Accommodation

- **At Mweka Camp** – Camping in tents
- **MEAL PLAN:** Breakfast, Lunch and Dinner. Evening tea/coffee will also be served.

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### DAY 8: Mweka Camp (10,170 ft/3,100 m) to Mweka Gate (6,500 ft/1,980 m) 10 km, 3-4 hours

Complete your descend through rainforest to Mweka Gate. You'll be met with our presentative in a Land Cruisers/Mini Bus and drive you to your hotel in Moshi.

- 3 - 4 hrs trekking down from Mweka Camp to Mweka Gate
- Registration process at the Mweka Gate
- Collection of your certificates
- Waiving a goodbye wish to your crew team

#### Accommodation

- **Lux** - accommodation at Protea Hotel – Aishi Machame (<http://www.proteahotels.com/hotels/Pages/protea-hotel-aishi-machame.aspx>) or
- **BGT** - accommodation is at Parkview Inn Hotel in Moshi (<http://www.pvim.com/>)
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**END OF OUR SERVICE. COMPLITION OF YOUR KILI TREK PACKAGE**

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### **YOUR KILIMANJARO TREKKING SUMMARY**

**Route: Machame Route**

**Duration: 7 - Days on the Mountain**

7 days trekking from Moshi

5.5 days ascent, 1.5 days descent

**Distance Covered and Elevation**

62 mi/100 km ascent, 24 mi/ 38km

**Ascending:** From Machame Gate (1,490 m/4,890 ft) to Uhuru Peak (5895 m/19,340 ft)

**Descending:** Uhuru Peak (5895 m/19,340 ft) to Mweka Gate (6,500 ft/1,980 m)

**Total Gain:** 4,405 m/14,450



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